

Fond du Lac Running Club Track Meet  
Tuesday July 15, 2008  
Fond du Lac High School  
Sunny 84 degrees, dew point 68 degrees, WSW 5-10 mph

**100m**

1. Patty Lynch	19.12
2. Mark Flood	20.36
3. Spenser Spranger	21.00

**200m**

1. Samuel Spranger	33.36
2. Joel Mason	33.62
3. Al Kohli	40.38
4. Patty Lynch	42.39
5. Zach Rogers	44.76
6. Spenser Spranger	45.25
7. Noah Schoenbach	1:00.50

**400m**

1. Jeff Beirne	1:01.69
2. Neil Spranger	1:08.85
3. Samuel Spranger	1:10.13
4. Mitchell Bilitz	1:11.54
5. Joel Mason	1:12.72
6. Kikuji Yanagihashi	1:18.42
7. Jeannie Bestor	1:21.76
8. Janet Putz	1:23.40
9. Andrea Putz	1:27.48
10. Wendy Hoffman	1:30.92
11. Jim Fahrbach	1:33.52
12. Patty Lynch	1:33.63
13. Al Kohli	1:36.72
14. Mark Flood	1:50.89
15. Dan Flood	1:51.47
16. David Putz	2:06.64

**800m**

1. Jeff Beirne	2:30.73
2. Jeff Strong	2:39.86
3. Clyde Moser	2:49.69
4. Eric Bilitz	2:56.57
5. Samuel Spranger	3:03.81
6. Ron Brault	3:04.08
7. Andrea Putz	3:13.24
8. Megan Buechel	3:20.41
9. Patty Lynch	3:26.04
10. Kathy Ledden	3:30.56
11. Wendy Hoffman	3:33.59
12. Zach Rogers	3:48.19
13. Al Kohli	3:48.55

**1600m**

1. Danny Buechel	4:42.12
2. Shane Smith	5:05.94
3. Jeff Beirne	5:13.38
4. Phil Adams	5:21.12
5. Brett Bilitz	5:26.24
6. Steve Kinziger	5:27.94
7. Jeff Strong	5:42.08
8. Clyde Moser	5:53.95
9. Joel Mason	5:57.21
10. Eric Bilitz	6:10.39
11. Ron Brault	6:15.85
12. Sarah Brinkley	6:16.45
13. Seth Udlis	6:17.52
14. Samuel Spranger	6:22.59
15. Andrea Putz	6:30.17
16. Kikuji Yanagihashi	6:41.20
17. Dan Flood	6:51.38
18. David Putz	6:55.47
19. Patty Lynch	6:57.87
20. Janet Putz	7:06.44
21. Jim Fahrbach	7:11.77
22. Kathy Ledden	7:31.20
23. Al Kohli	7:50.92

**3200m**

1. Shane Smith	11:30.33
2. Danny Buechel	11:31.17
3. Steve Kinziger	11:37.18
4. Brett Bilitz	12:00.74
5. Jeff Beirne	12:07.48
6. Phil Adams	12:57.81
7. Clyde Moser	13:26.20
8. Joel Mason	13:34.23
9. Mitchell Bilitz	13:48.38
10. Jeff Strong	13:54.04
11. Seth Udlis	14:01.75
12. Neil Spranger	14:22.83
13. Andrea Putz	14:33.88
14. Kikuji Yanagihashi	15:00.05
15. Dan Flood	15:18.28
16. Jim Fahrbach	15:33.30
17. Samuel Spranger	16:14.80

## Fond du Lac Running Club Track Meet Records (2006-Present)

### Men

100m	Tom Isaacs	11.68	7-10-2007
200m	Danny Buechel	26.97	7-10-2007
400m	Jeff Beirne	1:01.69	7-15-2008
800m	Scott Smith	2:16.12	8-21-2007
1600m	Henry Dennis	4:11.86	8-21-2007
3200m	Henry Dennis	10:38.83	7-10-2007

### Women

100m	Amy Drees	15.41	7-11-2006
200m	Annie Propson	29.81	7-10-2007
400m	Annie Propson	1:11.56	7-10-2007
800m	Anna Christian	2:44.99	7-10-2007
1600m	Anna Christian	5:41.25	7-10-2007
3200m	Anna Christian	12:00.69	7-10-2007